

Change in UIL Pre-Participation Physical Examination Requirements

Due to COVID-19 the University Interscholastic League has changed its requirements for pre-participation physical examinations for this upcoming school year only.

EVERYONE participating in 7th-12th grade athletics, dance, cheerleading, or 9th-12th marching band will still complete the physical packet that was sent home last month.

The change in the rule is that if you have had a pre-participation physical on file with the school district previously, you will not need to have a medical professional complete the back side of the first sheet. You will complete the packet with your child and submit it.

However, if you checked "YES" to any of the first 6 questions on the medical history page you will need to see your medical professional (Physician, Physician Assistant, Advanced Practice Nurse, or a Doctor of Chiropractic) to complete back side of the first sheet as well as the rest of the packet.

Any student new to athletics, cheerleading, dance, or marching band that has never had a pre-participation physical on file with the school district will also need to complete the packet **AND** see a medical professional to complete the back side of the first sheet.

Physical packets may be dropped off next week (June 8-12) in the drop box in front of the High School.

DO NOT RETURN A PACKET IF YOU CHECKED YES TO QUESTIONS 1-6 ON THE MEDICAL HISTORY PAGE. YOU WILL HAVE TO TAKE IT TO YOUR HEALTH CARE PROVIDER TO GET THE PHYSICAL EXAM.

DO NOT RETURN A PACKET IF YOU HAVE NEVER HAD A PHYSICAL ON FILE WITH JISD. YOU WILL HAVE TO TAKE IT TO YOUR HEALTH CARE PROVIDER TO GET THE PHYSICAL EXAM.

If you are not sure if your child has a pre-participation physical examination on file from the past you may email Joe Guthrie jguthrie@jasperisd.net