

Jasper ISD Menu October 2021

<p>4 <i>Pancake & Sausage Sandwich</i> ***** Steak Fingers Mashed Potatoes/Gravy Green Beans Whole Wheat Roll Applesauce Choice of Milk</p>	<p>5 <i>Mini-Bagel Breakfast Taco Pre-K</i> ***** Tamales Cheese Stick (HS) Pinto Beans Whole Kernel Corn Spanish Rice Peaches Choice of Milk</p>	<p>6 <i>Sausage Biscuit</i> ***** Mozzarella Pocket w/ Marinara Sauce Garden Salad/Ranch Baby Carrots Sliced Apples Choice of Milk</p>	<p>7 <i>Breakfast Burrito</i> ***** Cherry Blossom Chicken Stir Fried Rice Steamed Broccoli Corn on Cob Fortune Cookie/Grapes Choice of Milk</p>	<p>8 <i>Stuffed Crust Breadstick</i> ***** BBQ Beef on Bun French Fries Pinto Beans Orange Choice of Milk</p>
<p>11 <i>Honey Bun Breakfast Taco Pre-K</i> ***** Chicken Nuggets Au gratin Potatoes Green Beans Whole Wheat Roll (HS) Diced Pears Choice of Milk</p>	<p>12 <i>Sausage Biscuit</i> ***** Cheese Quesadilla Pinto Beans Whole Kernel Corn Peaches Choice of Milk</p>	<p>13 <i>Pancakes</i> ***** Mini Corn Dogs Mayo or Mustard French Fries/Ketchup Carrots Orange Choice of Milk</p>	<p>14 <i>Mini-Bagel Kolache Pre-K</i> ***** Popcorn Chicken/Ketchup Garden Salad/Ranch Steamed Carrots Breadstick Strawberry Crisps Choice of Milk</p>	<p>15 <i>Stuffed Crust Breadstick</i> ***** Meatballs/Gravy Mashed Potatoes Steamed Broccoli Whole Wheat Roll Sliced Apples Choice of Milk</p>
<p>18 <i>Glazed French Toast</i> ***** Cheeseburger Burger Salad Sweet Potato Fries Celery Stick (HS) Pears Choice of Milk</p>	<p>19 <i>Pancake & Sausage Sandwich</i> ***** Chicken Fajita Pinto Beans Whole Kernel Corn Spanish Rice Mixed Fruit Choice of Milk</p>	<p>20 <i>Cinnamon/Blueberry Breadstick</i> ***** Catfish Ketchup Garden Salad/Ranch Pinto Beans/Corn Muffin Sliced Apples Choice of Milk</p>	<p>21 <i>Breakfast Pizza</i> ***** Spaghetti w/ meat balls Garden Salad Con on the Cob Breadstick Pineapple Choice of Milk</p>	<p>22 <i>Stuff Crust Breadstick</i> ***** Pizza Broccoli/ Grape Tomatoes/Ranch Whole Kernel Corn Applesauce Choice of Milk</p>
<p>25 <i>Pancake & Sausage Sandwich</i> ***** Steak Fingers Mashed Potatoes/Gravy Green Beans Whole Wheat Roll Applesauce Choice of Milk</p>	<p>26 <i>Mini-Bagel Breakfast Taco Pre-K</i> ***** Tamales Cheese Stick (HS) Pinto Beans Whole Kernel Corn Spanish Rice Peaches Choice of Milk</p>	<p>27 <i>Sausage Biscuit</i> ***** Mozzarella Pocket w/ Marinara Sauce Garden Salad/Ranch Baby Carrots Sliced Apples Choice of Milk</p>	<p>28 <i>Breakfast Burrito</i> ***** Gumbo/ Rice Garden Salad Corn on Cob Grapes Choice of Milk</p>	<p>29 <i>Stuffed Crust Breadstick</i> ***** Grande Nachos w/Lettuce/Tomato Spanish Rice Refried Beans Orange Choice of Milk</p>
<p>1 <i>Honey Bun Breakfast Taco Pre-K</i> ***** Chicken Nuggets Au gratin Potatoes Green Beans Whole Wheat Roll (HS) Diced Pears Choice of Milk</p>	<p>2 <i>Sausage Biscuit</i> ***** Cheese Quesadilla Pinto Beans Whole Kernel Corn Peaches Choice of Milk</p>	<p>3 <i>Pancakes</i> ***** Mini Corn Dogs Mayo or Mustard French Fries/Ketchup Carrots Orange Choice of Milk</p>	<p>4 <i>Mini-Bagel Kolache Pre-K</i> ***** Popcorn Chicken/Ketchup Garden Salad/Ranch Steamed Carrots Breadstick Strawberry Crisps Choice of Milk</p>	<p>5 <i>Stuffed Crust Breadstick</i> ***** Meatballs/Gravy Mashed Potatoes Steamed Broccoli Whole Wheat Roll Sliced Apples Choice of Milk</p>
<p>8 <i>Glazed French Toast</i> ***** Cheeseburger Burger Salad Sweet Potato Fries Celery Stick (HS) Pears Choice of Milk</p>	<p>9 <i>Pancake & Sausage Sandwich</i> ***** Chicken Fajita Pinto Beans Whole Kernel Corn Spanish Rice Mixed Fruit Choice of Milk</p>	<p>10 <i>Cinnamon/Blueberry Breadstick</i> ***** Catfish Ketchup Garden Salad/Ranch Pinto Beans/Corn Muffin Sliced Apples Choice of Milk</p>	<p>11 <i>Breakfast Pizza</i> ***** Spaghetti w/ meat balls Garden Salad Con on the Cob Breadstick Pineapple Choice of Milk</p>	<p>12 <i>Stuff Crust Breadstick</i> ***** Pizza Broccoli/ Grape Tomatoes/Ranch Whole Kernel Corn Applesauce Choice of Milk</p>

*All Breakfasts are served with fruit and a choice of milk, (white milk only for Pre-K Breakfast and Lunch) and choice of juice.

*For Lunch Chef Salads Mon, Wed & Friday at Parnell, JH and JHS & Cool Kits are offered Tuesdays and Thursdays Districtwide.

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE DUE TO MANUFACTURER SHORTAGES