

# Jasper ISD Menu October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Sausage Biscuit</i> ***** Corndog Mayo/Mustard/Ketchup English Peas Sweet Potato Fries Pineapple Choice of Milk	3 <i>Breakfast Burrito</i> ***** Pork Chop Mashed Potatoes/Country Gravy Mixed Greens Corn Muffin Peaches Choice of Milk	4 <i>Mini Pancakes</i> ***** Pizza Cherry Tomatoes & Broccoli/ Ranch Whole Kernel Corn Apple Choice of Milk	5 <i>Mini-Bagel Egg &amp; Cheese Wrap</i> Pre-K ***** Meatballs Rice/Gravy Steamed Carrots Green Beans Applesauce Whole Wheat Roll Choice of Milk	6 <i>Stuffed Crust Breadstick</i> ***** Steak Fingers Mashed Potatoes/Gravy Green Beans Whole Wheat Roll Mixed Fruit Choice of Milk
9 Honey Bun Egg & Cheese Wrap Pre-K ***** Chicken Nuggets Mashed Potatoes/Gravy Green Beans Whole Wheat Roll (HS) Diced Pears Choice of Milk	10 <i>Chicken on Biscuit</i> ***** Cheese Quesadilla Refried Beans Whole Kernel Corn Peaches Choice of Milk	11 <i>Mini-pancakes</i> ***** Chili Cheese Dog Mayo or Mustard French Fries/Ketchup Carrots/ Ranch Grapes Choice of Milk	12 <i>Mini-Bagel Kolache Pre-K</i> ***** Fish Nuggets/Ketchup Garden Salad/Ranch Garbanzo Beans Corn Muffin Sliced Apples Choice of Milk	13 <i>Stuffed Crust Breadstick</i> ***** Popcorn Chicken Mashed Potatoes/Gravy Broccoli w/ Cheese Whole Wheat Roll (HS) Pineapple Choice of Milk
<b>Parent Conference Day</b>	17 Glazed French Toast Kolache Pre-K ***** BBQ on Bun Ranch Beans French Fries Broccoli w/ ranch Mixed Fruit Choice of Milk	18 Pancake Sausage on a Stick ***** Pizza Cherry Tomatoes & Broccoli/ Ranch Whole Kernel Corn Apple Choice of Milk	19 Mini Waffles ***** Spaghetti w/ Meat Sauce Garden Salad Steamed Carrots Breadstick Sliced Apples Choice of Milk	20 Cocoa Cherry Bar & String Cheese Egg & Cheese Wrap Pre-K ***** Grande Nachos Lettuce & Tomato Whole Kernel Corn Refried Beans Spanish Rice (HS) Peach Slices Choice of Milk
23 <i>Sausage Biscuit</i> ***** Corndog Mayo/Mustard/Ketchup English Peas Sweet Potato Fries Pineapple Choice of Milk	24 <i>Breakfast Burrito</i> ***** Pork Chop Mashed Potatoes/Country Gravy Mixed Greens Corn Muffin Peaches Choice of Milk	25 Honey Bun Kolache Pre-K ***** Chicken Sandwich Roasted Potatoes Steamed Broccoli Pineapple Choice of Milk <i>Chicken is Spicy at Parnell, JHS, JHS</i>	26 <i>Mini-Bagel Egg &amp; Cheese Wrap</i> Pre-K ***** Gumbo Rice & Crackers Corn on Cob Garden Salad/Ranch Pears Choice of Milk	27 <i>Stuffed Crust Breadstick</i> ***** Steak Fingers Mashed Potatoes/Gravy Green Beans Whole Wheat Roll Grapes Choice of Milk
30 Honey Bun Egg & Cheese Wrap Pre-K ***** Chicken Nuggets Mashed Potatoes/Gravy Green Beans Whole Wheat Roll (HS) Diced Pears Choice of Milk	31 <i>Chicken on Biscuit</i> ***** Cheese Quesadilla Refried Beans Whole Kernel Corn Peaches Choice of Milk	1 <i>Mini-pancakes</i> ***** Chili Cheese Dog Mayo or Mustard French Fries/Ketchup Carrots/ Ranch Pineapple Choice of Milk	2 <i>Mini-Bagel Kolache Pre-K</i> ***** Fish Nuggets/Ketchup Garden Salad/Ranch Garbanzo Beans Corn Muffin Sliced Apples Choice of Milk	3 <i>Stuffed Crust Breadstick</i> ***** Popcorn Chicken Mashed Potatoes/Gravy Broccoli w/ Cheese Whole Wheat Roll (HS) Grapes Choice of Milk

**\*All Breakfasts are served with fruit and a choice of milk and choice of juice.**

**\*For Lunch Chef Salads Mon, Wed & Friday at Parnell, JH and JHS & Cool Kits are offered on Tuesdays and Thursdays at all Campuses.**

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